

City of Glen Cove Recreation Department

Summer 2021 Swim Lesson Program at Pryibil Beach

Course Offerings:

Tiny Tots: This class is designed to help students **aged 4 through 5** feel comfortable in the water and learn to enjoy the water safely. Maximum of 4 per class.

Session A: Mondays/Wednesdays at 10:15AM to 10:45AM

Session B: Tuesdays/Thursdays at 10:15AM to 10:45AM

Beginners: A concentration on primary skills of floating without support and developing basic locomotion skills. For non-swimmers **ages 5 and over**. Maximum of 5 per class.

Session A: Mondays/Wednesdays at 10:45AM to 11:15AM

Session B: Tuesdays/Thursdays at 10:45AM to 11:15AM

Advanced Beginner: Students will be taught to coordinate the front and back crawl. The elementary backstroke and the fundamentals of treading water will be introduced. **For ages 6 and over**. Maximum of 5 per class.

Session A: Mondays/Wednesdays at 11:30AM to 12:00 PM

Session B: Tuesdays/Thursdays at 11:30AM to 12:00 PM

Intermediate: This level is to develop confidence in the strokes learned from previous levels. The breaststroke and sidestroke will be introduced. **For ages 8 and over**. Maximum of 5 per class.

Session A: Mondays/Wednesdays at 12:15 PM to 12:45 PM

Session B: Tuesdays/Thursdays at 12:15 PM to 12:45 PM

Session Dates:

Mondays and Wednesdays

Session 1: July 5, 7, 12, 14, 19, 21

Session 2: July 26, 28 August 2, 4, 9, 11

Tuesdays and Thursdays

Session 1: July 6, 8, 13, 15, 20, 22

Session 2: July 27, 29, August 3, 5, 10, 12

Program Information: *Glen Cove residency is required.* Guarantee of 6 lessons.

*** Make-ups will be given on Friday for weather cancellations ***

There is a **\$60.00 fee per child for each session**. *Please make checks payable to the City of Glen Cove*

Please fill out the bottom section, detach and send in with payment to Department of Recreation,
9 Glen Street, Glen Cove, NY 11542 or drop off to the rear entrance of City Hall - 9:00 am – 5:00 pm weekdays

For further information, please contact Kristen at the Department of Recreation-- Kfoster@glencoveny.gov

----- (Detach and send it with payment) -----

SWIM LESSONS (Please circle your session of choice):

Tiny Tots A B

Session 1 2

Beginners A B

Session 1 2

Advanced Beginners A B

Session 1 2

Intermediate A B

Session 1 2

Child's Name: _____ Parent's Name _____

Address: _____ Child's D.O.B: _____ Age: _____

Cell Phone # _____ Emergency #: _____

E-mail Address: _____